

Dear Clients,

Thank you for entrusting your well-being with Sofia Wellness Clinic.

An industry-wide increase in the salaries of Allied Health professionals as well as persistent global inflation have led to a sharp rise in our costs of operation over the past years. After careful deliberation and an attempt to hold off a price increment as long as possible, we feel that we have no choice but to adjust our fee schedule with effect from 1 March 2023.

Consultation	Duration	Senior Counsellor		Counsellor	
		Current Rate	Revised Rate (w.e.f. 1 March 2023)	Current Rate	Revised Rate (w.e.f. 1 March 2023)
Individual Session (Initial)	75 min	\$250	No change	\$220	No change
Individual Session (Subsequent)	50 min	\$180	\$200	\$150	\$170
6 Session Package	6 sessions x 50 min	\$972	\$1,080	\$810	\$920
Couples/Family Session (Initial)	75 min	\$300	No change	\$280	No change
Couples/Family Session (Subsequent)	75 min	\$280	\$300	\$250	\$280

As the fee adjustment will only take effect from 1 March 2023, any existing packages or appointments booked before 1 March 2023 will continue to be charged at the previous rate.

Please feel free to reach out to us at hello@sofia.com.sg or speak to your therapist if you have any questions or concerns about our revised fee schedule.

We look forward to continuing the journey with you towards better psychological well-being.

Best,

Sophia Goh | Principal Counsellor

M.A. Counselling and Guidance, Singapore

SAC Clinical Member and Registered Counsellor